Lingard

Body parts in French

French words for parts of the body, from the head and face to the hands and feet, each with pronunciation, translation and an example sentence.

Fold the sheet along the dashed line, or cover the translations with a strip of paper and slide it down as you recall each one. Then cover the words and recall them from the translations. Tick a box each time you remember a word straight away.

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	FRENCH	TRANSLATION	REMEMBERED
1	**le corps** [lə kɔʁ] Le **corps** a besoin de sommeil.	**body** The **body** needs sleep.	☐☐☐
2	**la tête** [la tɛt] J'ai mal à la **tête**.	**head** My **head** hurts.	☐☐☐
3	**les cheveux** [le ʃəvø] Elle a les **cheveux** longs.	**hair** She has long **hair**.	☐☐☐
4	**le visage** [lə vizaʒ] Il a un **visage** rond.	**face** He has a round **face**.	☐☐☐
5	**l'œil** [lœj] Elle a les **yeux** bleus.	**eye** She has blue **eyes**.	☐☐☐
6	**l'oreille** [lɔʁɛj] Le lapin a de longues **oreilles**.	**ear** The rabbit has long **ears**.	☐☐☐
7	**le nez** [lə ne] Il a le **nez** rouge.	**nose** He has a red **nose**.	☐☐☐
8	**la bouche** [la buʃ] Ouvre la **bouche**, s'il te plaît.	**mouth** Open your **mouth**, please.	☐☐☐
9	**la dent** [la dɑ̃] L'enfant a perdu une **dent**.	**tooth** The child lost a **tooth**.	☐☐☐
10	**la langue** [la lɑ̃g] Elle s'est brûlé la **langue** avec du thé chaud.	**tongue** She burned her **tongue** on hot tea.	☐☐☐
11	**le front** [lə fʁɔ̃] Il a chaud, il a le **front** rouge.	**forehead** He is hot; his **forehead** is red.	☐☐☐
12	**le menton** [lə mɑ̃tɔ̃] Elle a un petit **menton**.	**chin** She has a small **chin**.	☐☐☐
13	**le cou** [lə ku] La girafe a un très long **cou**.	**neck** The giraffe has a very long **neck**.	☐☐☐
14	**la gorge** [la gɔʁʒ] J'ai mal à la **gorge**.	**throat** I have a sore **throat**.	☐☐☐
15	**l'épaule** [lepol] Il porte son sac sur l'**épaule**.	**shoulder** He carries his bag on his **shoulder**.	☐☐☐
16	**le bras** [lə bʁa] Il a le **bras** cassé.	**arm** He has a broken **arm**.	☐☐☐

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17	**la main** [la mɛ̃] Lave-toi les **mains** avant de manger.	**hand** Wash your **hands** before eating.	☐☐☐
18	**le doigt** [lə dwa] J'ai cinq **doigts** à chaque main.	**finger** I have five **fingers** on each hand.	☐☐☐
19	**la poitrine** [la pwatʁin] Il a mal à la **poitrine**.	**chest** He has a pain in his **chest**.	☐☐☐
20	**le ventre** [lə vɑ̃tʁ] J'ai mal au **ventre**.	**belly, tummy** My **tummy** hurts.	☐☐☐
21	**l'estomac** [lɛstɔma] J'ai mal à l'**estomac**.	**stomach** My **stomach** hurts.	☐☐☐
22	**le dos** [lə do] Mon père a mal au **dos**.	**back** My father has **back** pain.	☐☐☐
23	**la jambe** [la ʒɑ̃b] Le cheval a de longues **jambes**.	**leg** The horse has long **legs**.	☐☐☐
24	**le genou** [lə ʒənu] L'enfant est tombé sur les **genoux**.	**knee** The child fell on his **knees**.	☐☐☐
25	**le pied** [lə pje] Il a mal au **pied**.	**foot** His **foot** hurts.	☐☐☐
26	**la peau** [la po] Elle a la **peau** claire.	**skin** She has fair **skin**.	☐☐☐
27	**le cœur** [lə kœʁ] Mon **cœur** bat très vite.	**heart** My **heart** is beating very fast.	☐☐☐
28	**le sourcil** [lə suʁsi] Elle lève les **sourcils**, surprise.	**eyebrow** She raises her **eyebrows** in surprise.	☐☐☐
29	**la paupière** [la popjɛʁ] Mes **paupières** sont lourdes, j'ai sommeil.	**eyelid** My **eyelids** are heavy; I am sleepy.	☐☐☐
30	**le cil** [lə sil] Elle a de longs **cils**.	**eyelash** She has long **eyelashes**.	☐☐☐
31	**la pupille** [la pypil] La **pupille** devient plus petite à la lumière.	**pupil** The **pupil** gets smaller in the light.	☐☐☐
32	**la narine** [la naʁin] L'air entre par les **narines**.	**nostril** Air comes in through the **nostrils**.	☐☐☐
33	**la joue** [la ʒu] L'enfant a les **joues** rouges.	**cheek** The child has red **cheeks**.	☐☐☐
34	**la pommette** [la pɔmɛt] Elle a les **pommettes** hautes.	**cheekbone** She has high **cheekbones**.	☐☐☐
35	**la lèvre** [la lɛvʁ] J'ai les **lèvres** sèches à cause du froid.	**lip** My **lips** are dry because of the cold.	☐☐☐
36	**la gencive** [la ʒɑ̃siv] Mes **gencives** saignent un peu.	**gum (in the mouth)** My **gums** are bleeding a little.	☐☐☐

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37	**la mâchoire** [la mɑʃwaʁ] Il s'est cassé la **mâchoire** en tombant.	**jaw** He broke his **jaw** when he fell.	☐☐☐
38	**le cheveu** [lə ʃəvø] Elle se lave les **cheveux** tous les jours.	**a hair; (plural) hair** She washes her **hair** every day.	☐☐☐
39	**le cuir chevelu** [lə kɥiʁ ʃəvəly] Ce shampoing est doux pour le **cuir chevelu**.	**scalp** This shampoo is gentle on the **scalp**.	☐☐☐
40	**la barbe** [la baʁb] Il se rase la **barbe** le matin.	**beard** He shaves his **beard** in the morning.	☐☐☐
41	**la moustache** [la mustaʃ] Mon grand-père a une grosse **moustache**.	**moustache** My grandfather has a big **moustache**.	☐☐☐
42	**la nuque** [la nyk] J'ai froid à la **nuque**.	**nape** The **nape** of my neck is cold.	☐☐☐
43	**l'amygdale** [lamigdal] Le médecin regarde mes **amygdales**.	**tonsil** The doctor looks at my **tonsils**.	☐☐☐
44	**l'aisselle** [lɛsɛl] Le thermomètre se met sous l'**aisselle**.	**armpit** The thermometer goes under the **armpit**.	☐☐☐
45	**le sein** [lə sɛ̃] La mère donne le **sein** à son bébé.	**breast** The mother gives her baby the **breast**.	☐☐☐
46	**le torse** [lə tɔʁs] Il est torse nu à la plage : son **torse** est bronzé.	**torso** He is shirtless at the beach; his **torso** is tanned.	☐☐☐
47	**le nombril** [lə nɔ̃bʁil] Le bébé a un petit **nombril**.	**navel** The baby has a little **navel**.	☐☐☐
48	**la taille** [la taj] Elle porte une ceinture à la **taille**.	**waist; height** She wears a belt at her **waist**.	☐☐☐
49	**la hanche** [la ɑ̃ʃ] Ma grand-mère a mal à la **hanche**.	**hip** My grandmother has a sore **hip**.	☐☐☐
50	**les fesses** [le fɛs] Il est tombé sur les **fesses**.	**buttocks, bottom** He fell on his **bottom**.	☐☐☐
51	**le bassin** [lə basɛ̃] Le **bassin** relie la colonne vertébrale aux jambes.	**pelvis** The **pelvis** connects the spine to the legs.	☐☐☐
52	**le coude** [lə kud] Ne mets pas les **coudes** sur la table !	**elbow** Don't put your **elbows** on the table!	☐☐☐
53	**l'avant-bras** [lavɑ̃bʁa] Elle a un tatouage sur l'**avant-bras**.	**forearm** She has a tattoo on her **forearm**.	☐☐☐
54	**le poignet** [lə pwaɲɛ] Il porte une montre au **poignet**.	**wrist** He wears a watch on his **wrist**.	☐☐☐
55	**la paume** [la pom] Elle a une pièce dans la **paume** de la main.	**palm** She has a coin in the **palm** of her hand.	☐☐☐
56	**le poing** [lə pwɛ̃] Il a serré le **poing**.	**fist** He clenched his **fist**.	☐☐☐

	FRENCH	TRANSLATION	REMEMBERED
57	**le pouce** [lə pus] Le bébé suce son **pouce**.	**thumb** The baby sucks its **thumb**.	☐☐☐
58	**l'index** [lɛ̃dɛks] Il montre la carte avec l'**index**.	**index finger, forefinger** He points at the map with his **index finger**.	☐☐☐
59	**l'auriculaire** [lokylaʁɛʁ] Elle porte une bague à l'**auriculaire**.	**little finger, pinky** She wears a ring on her **little finger**.	☐☐☐
60	**l'ongle** [lɔ̃gl] Je me coupe les **ongles**.	**nail** I am cutting my **nails**.	☐☐☐
61	**la cuisse** [la kɥis] Le short arrive au milieu de la **cuisse**.	**thigh** The shorts come to the middle of the **thigh**.	☐☐☐
62	**la rotule** [la ʁɔtyl] Il a une douleur à la **rotule**.	**kneecap** He has a pain in his **kneecap**.	☐☐☐
63	**le mollet** [lə mɔlɛ] J'ai eu une crampe au **mollet** pendant la course.	**calf** I got a cramp in my **calf** while running.	☐☐☐
64	**le tibia** [lə tibja] Il a reçu un coup de pied dans le **tibia**.	**shin; tibia** He got kicked in the **shin**.	☐☐☐
65	**la cheville** [la ʃəvij] Je me suis tordu la **cheville** en courant.	**ankle** I twisted my **ankle** while running.	☐☐☐
66	**le talon** [lə talɔ̃] Mes chaussures neuves me font mal au **talon**.	**heel** My new shoes hurt my **heel**.	☐☐☐
67	**la plante du pied** [la plɑ̃t dy pje] Le sable chaud brûle la **plante du pied**.	**sole (of the foot)** The hot sand burns the **sole of the foot**.	☐☐☐
68	**l'orteil** [lɔʁtɛj] Je me suis cogné l'**orteil** contre la porte.	**toe** I stubbed my **toe** on the door.	☐☐☐
69	**le poil** [lə pwal] Il a des **poils** sur les bras.	**hair (on the body)** He has **hair** on his arms.	☐☐☐
70	**le pore** [lə pɔʁ] Ce savon nettoie les **pores** de la peau.	**pore** This soap cleans the **pores** of the skin.	☐☐☐
71	**la tache de rousseur** [la taʃ də ʁusœʁ] Elle a des **taches de rousseur** sur le nez.	**freckle** She has **freckles** on her nose.	☐☐☐
72	**la verrue** [la vɛry] Il a une **verrue** sur le doigt.	**wart** He has a **wart** on his finger.	☐☐☐
73	**le squelette** [lə skəlɛt] Le **squelette** humain a plus de deux cents os.	**skeleton** The human **skeleton** has more than two hundred bones.	☐☐☐
74	**l'os** [lɔs] Il s'est cassé un **os** de la main.	**bone** He broke a **bone** in his hand.	☐☐☐
75	**le crâne** [lə kʁɑn] Le **crâne** protège le cerveau.	**skull** The **skull** protects the brain.	☐☐☐

	FRENCH	TRANSLATION	REMEMBERED
76	**la colonne vertébrale** [la kɔlɔn vɛʁtebʁal] Tiens-toi droit, pense à ta **colonne vertébrale** !	**spine** Sit up straight, think of your **spine**!	☐☐☐
77	**la vertèbre** [la vɛʁtɛbʁ] La colonne vertébrale est composée de **vertèbres**.	**vertebra** The spine is made up of **vertebrae**.	☐☐☐
78	**la côte** [la kot] Il s'est cassé une **côte** au rugby.	**rib** He broke a **rib** playing rugby.	☐☐☐
79	**la clavicule** [la klavikyl] Elle s'est cassé la **clavicule** à vélo.	**collarbone, clavicle** She broke her **collarbone** cycling.	☐☐☐
80	**l'omoplate** [lɔmɔplat] J'ai une douleur sous l'**omoplate**.	**shoulder blade** I have a pain under my **shoulder blade**.	☐☐☐
81	**le muscle** [lə myskl] Il fait du sport pour avoir des **muscles**.	**muscle** He does sport to build **muscles**.	☐☐☐
82	**le biceps** [lə bisɛps] Il a de gros **biceps**.	**biceps** He has big **biceps**.	☐☐☐
83	**le tendon** [lə tɑ̃dɔ̃] Le coureur s'est blessé au **tendon**.	**tendon** The runner injured his **tendon**.	☐☐☐
84	**l'articulation** [laʁtikylasjɔ̃] Le genou est une **articulation** importante.	**joint** The knee is an important **joint**.	☐☐☐
85	**l'organe** [lɔʁgan] Le cœur est un **organe** vital.	**organ** The heart is a vital **organ**.	☐☐☐
86	**le cerveau** [lə sɛʁvo] Le **cerveau** contrôle tout le corps.	**brain** The **brain** controls the whole body.	☐☐☐
87	**le poumon** [lə pumɔ̃] Les fumeurs ont souvent les **poumons** malades.	**lung** Smokers often have diseased **lungs**.	☐☐☐

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Write each word in the language you are learning without looking. The number at the end of the line is its place in the list, where the answer is.

freckle _____ 71

forearm _____ 53

jaw _____ 37

tongue _____ 10

wart _____ 72

collarbone, clavicle _____ 79

nostril _____ 32

chin _____ 12

leg _____ 23

brain _____ 86

vertebra _____ 77

ankle _____ 65

skin _____ 26

knee _____ 24

fist _____ 56

foot _____ 25

lip _____ 35

index finger, forefinger _____ 58

beard _____ 40

organ _____ 85

navel _____ 47

eyelash _____ 30

biceps _____ 82

arm _____ 16

scalp _____ 39

sole (of the foot) _____ 67

hair (on the body) _____ 69

wrist _____ 54

eyebrow _____ 28

cheekbone _____ 34

back _____ 22

hip _____ 49

waist; height _____ 48

nail _____ 60

moustache _____ 41

a hair; (plural) hair _____ 38

lung _____ 87

kneecap _____ 62

breast _____ 45

throat _____ 14

forehead _____ 11

nose _____ 7

stomach _____ 21

bone _____ 74

thumb _____ 57

rib _____ 78

face _____ 4

gum (in the mouth) _____ 36

pelvis _____ 51

ear _____ 6

neck _____ 13

mouth _____ 8

palm _____ 55

armpit _____ 44

heart _____ 27

belly, tummy _____ 20

shoulder _____ 15

toe _____ 68

eyelid _____ 29

torso _____ 46

little finger, pinky _____ 59

skeleton _____ 73

shin; tibia _____ 64

pupil _____ 31

eye	5	muscle	81
finger	18	cheek	33
elbow	52	nape	42
tendon	83	joint	84
spine	76	body	1
heel	66	pore	70
hair	3	thigh	61
tooth	9	shoulder blade	80
hand	17	chest	19
buttocks, bottom	50	tonsil	43
calf	63	head	2
skull	75		

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