Lingard

Body parts in Spanish

Spanish words for parts of the body, from the head and face to the hands and feet, each with pronunciation, translation and an example sentence.

Fold the sheet along the dashed line, or cover the translations with a strip of paper and slide it down as you recall each one. Then cover the words and recall them from the translations. Tick a box each time you remember a word straight away.

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Spanish · Parts of the body · 90

	SPANISH	TRANSLATION	REMEMBERED
1	**el cuerpo** [el ˈkwɾpo] Hacer deporte es bueno para el **cuerpo**.	**body** Doing sport is good for the **body**.	☐☐☐
2	**la cabeza** [la kaˈβeθa] Me duele la **cabeza**.	**head** My **head** hurts.	☐☐☐
3	**el pelo** [el ˈpelo] Tiene el **pelo** muy largo.	**hair** He has very long **hair**.	☐☐☐
4	**la cara** [la ˈkaɾa] Tiene una **cara** muy amable.	**face** He has a very friendly **face**.	☐☐☐
5	**la frente** [la ˈfrente] El niño tiene fiebre: tiene la **frente** muy caliente.	**forehead** The boy has a fever: his **forehead** is very hot.	☐☐☐
6	**el ojo** [el ˈoxo] Cierra los **ojos**.	**eye** Close your **eyes**.	☐☐☐
7	**la oreja** [la oˈɾexa] El conejo tiene las **orejas** largas.	**ear** The rabbit has long **ears**.	☐☐☐
8	**la nariz** [la naˈɾiθ] La **nariz** sirve para oler.	**nose** The **nose** is used for smelling.	☐☐☐
9	**la boca** [la ˈβoka] Abre la **boca**, por favor.	**mouth** Open your **mouth**, please.	☐☐☐
10	**el labio** [el ˈlaβjo] Tengo los **labios** secos.	**lip** My **lips** are dry.	☐☐☐
11	**el diente** [el ˈdjente] Me lavo los **dientes** después de comer.	**tooth** I brush my **teeth** after eating.	☐☐☐
12	**la lengua** [la ˈleŋgwa] El perro saca la **lengua**.	**tongue** The dog sticks out its **tongue**.	☐☐☐
13	**la barbilla** [la βaɾˈβija] Tiene un grano en la **barbilla**.	**chin** He has a spot on his **chin**.	☐☐☐
14	**el cuello** [el ˈkweʝo] La jirafa tiene el **cuello** muy largo.	**neck** The giraffe has a very long **neck**.	☐☐☐
15	**la garganta** [la ɣaɾˈɣanta] Me duele la **garganta**.	**throat** I have a sore **throat**.	☐☐☐
16	**el hombro** [el ˈombro] Lleva la mochila en el **hombro**.	**shoulder** He carries his backpack on his **shoulder**.	☐☐☐

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17	**el brazo** [el ˈβraθo] Tengo un dolor en el **brazo**.	**arm** I have a pain in my **arm**.	☐☐☐
18	**el codo** [el ˈkoðo] No pongas los **codos** en la mesa.	**elbow** Don't put your **elbows** on the table.	☐☐☐
19	**la mano** [la ˈmano] Lávate las **manos** antes de comer.	**hand** Wash your **hands** before eating.	☐☐☐
20	**el dedo** [el ˈdeðo] Tenemos cinco **dedos** en cada mano.	**finger** We have five **fingers** on each hand.	☐☐☐
21	**el pecho** [el ˈpetʃo] El bebé duerme sobre el **pecho** de su madre.	**chest** The baby sleeps on its mother's **chest**.	☐☐☐
22	**la espalda** [la esˈpalda] Me duele la **espalda**.	**back** My **back** hurts.	☐☐☐
23	**el estómago** [el esˈtomaɣo] Tengo el **estómago** lleno.	**stomach** My **stomach** is full.	☐☐☐
24	**la barriga** [la βaˈriɣa] Me duele la **barriga**.	**belly; tummy** My **tummy** hurts.	☐☐☐
25	**la cintura** [la θinˈtuɾa] El cinturón va en la **cintura**.	**waist** A belt goes around your **waist**.	☐☐☐
26	**la pierna** [la ˈpjeɾna] El flamenco duerme sobre una **pierna**.	**leg** The flamingo sleeps on one **leg**.	☐☐☐
27	**la rodilla** [la roˈðiʝa] Me caí y me hice daño en la **rodilla**.	**knee** I fell and hurt my **knee**.	☐☐☐
28	**el pie** [el pje] Vamos al colegio a **pie**.	**foot** We go to school on **foot**.	☐☐☐
29	**la piel** [la pjel] La **piel** del bebé es muy suave.	**skin** The baby's **skin** is very soft.	☐☐☐
30	**el corazón** [el koɾaˈθon] Mi **corazón** late muy rápido.	**heart** My **heart** is beating very fast.	☐☐☐
31	**el esqueleto** [el eskeˈleto] El **esqueleto** es el conjunto de huesos que sostiene el cuerpo.	**skeleton** The **skeleton** is the set of bones that supports the body.	☐☐☐
32	**el hueso** [el ˈweso] Se rompió un **hueso** de la mano.	**bone** He broke a **bone** in his hand.	☐☐☐
33	**el músculo** [el ˈmuskulo] Después del gimnasio me duelen los **músculos**.	**muscle** My **muscles** hurt after the gym.	☐☐☐
34	**la articulación** [la aɾtikulaˈθjon] Con el frío me duelen las **articulaciones**.	**joint** My **joints** hurt in the cold.	☐☐☐
35	**el tendón** [el tenˈdon] El **tendón** conecta los músculos con los huesos.	**tendon** The **tendon** connects the muscles to the bones.	☐☐☐
36	**la sangre** [la ˈsaŋgɾe] Donar **sangre** salva vidas.	**blood** Giving **blood** saves lives.	☐☐☐

	SPANISH	TRANSLATION	REMEMBERED
37	**la vena** [la ˈβena] Las **venas** llevan la sangre al corazón.	**vein** The **veins** carry blood to the heart.	☐☐☐
38	**la arteria** [la arˈterja] Las **arterias** llevan la sangre desde el corazón.	**artery** The **arteries** carry blood away from the heart.	☐☐☐
39	**el nervio** [el ˈnerβjo] Los **nervios** transmiten señales entre el cerebro y el cuerpo.	**nerve** The **nerves** transmit signals between the brain and the body.	☐☐☐
40	**el cráneo** [el ˈkraneo] El **cráneo** protege el cerebro.	**skull** The **skull** protects the brain.	☐☐☐
41	**el cerebro** [el θeˈreβro] El **cerebro** controla todo el cuerpo.	**brain** The **brain** controls the whole body.	☐☐☐
42	**el cuero cabelludo** [el ˈkwero kaβeˈʝuðo] El **cuero cabelludo** es la piel que cubre el cráneo.	**scalp** The **scalp** is the skin that covers the skull.	☐☐☐
43	**la ceja** [la ˈθexa] Levantó las **cejas** sorprendido.	**eyebrow** He raised his **eyebrows** in surprise.	☐☐☐
44	**la pestaña** [la pesˈtaɲa] Las **pestañas** protegen el ojo del polvo.	**eyelash** **Eyelashes** protect the eye from dust.	☐☐☐
45	**el párpado** [el ˈparpaðo] Me pesan los **párpados** de sueño.	**eyelid** My **eyelids** are heavy with sleep.	☐☐☐
46	**la pupila** [la puˈpila] La **pupila** es la parte oscura del ojo.	**pupil (of the eye)** The **pupil** is the dark part of the eye.	☐☐☐
47	**el oído** [el oˈiðo] Me duele el **oído** derecho.	**ear (inner); hearing** My right **ear** hurts.	☐☐☐
48	**la fosa nasal** [la ˈfosa naˈsal] Las **fosas nasales** son las aberturas de la nariz.	**nostril** The **nostrils** are the openings in the nose.	☐☐☐
49	**la mejilla** [la meˈxiʝa] Le dio un beso en la **mejilla**.	**cheek** She gave him a kiss on the **cheek**.	☐☐☐
50	**el pómulo** [el ˈpomulo] Tiene los **pómulos** muy marcados.	**cheekbone** She has very prominent **cheekbones**.	☐☐☐
51	**el hoyuelo** [el oˈʝwelo] Ella tiene un **hoyuelo** en la barbilla.	**dimple** She has a **dimple** on her chin.	☐☐☐
52	**la amígdala** [la aˈmiɣðala] Tengo una **amígdala** inflamada.	**tonsil** I have an inflamed **tonsil**.	☐☐☐
53	**la mandíbula** [la manˈdiβula] La **mandíbula** se mueve al masticar.	**jaw** The **jaw** moves when you chew.	☐☐☐
54	**la barba** [la ˈβarβa] Le está creciendo la **barba**.	**beard** His **beard** is growing.	☐☐☐
55	**el bigote** [el βiˈɣote] Mi abuelo tiene **bigote**.	**moustache** My grandfather has a **moustache**.	☐☐☐
56	**la nuca** [la ˈnuka] La **nuca** es la parte posterior del cuello.	**nape; back of the neck** The **nape** is the back of the neck.	☐☐☐

	SPANISH	TRANSLATION	REMEMBERED
57	**el torso** [el ˈtorso] El **torso** es la parte del cuerpo entre el cuello y las caderas.	**torso** The **torso** is the part of the body between the neck and the hips.	☐☐☐
58	**la clavícula** [la klaˈβikula] Se rompió la **clavícula** al caerse de la bici.	**collarbone** He broke his **collarbone** falling off his bike.	☐☐☐
59	**la costilla** [la kosˈtiʝa] Las **costillas** protegen los órganos internos.	**rib** The **ribs** protect the internal organs.	☐☐☐
60	**la columna vertebral** [la koˈlumna βerte ˈβral] La **columna vertebral** sostiene el cuerpo.	**spine; backbone** The **spine** supports the body.	☐☐☐
61	**el vientre** [el ˈβjentre] Me duele el **vientre**.	**belly; abdomen** My **belly** hurts.	☐☐☐
62	**el ombligo** [el omˈbliɣo] El **ombligo** es la cicatriz que queda en el vientre después del nacimiento.	**navel; belly button** The **navel** is the scar left on the belly after birth.	☐☐☐
63	**la cadera** [la kaˈðera] La **cadera** es una articulación muy importante para el movimiento.	**hip** The **hip** is a very important joint for movement.	☐☐☐
64	**las nalgas** [las ˈnalɣas] Me caí y me hice daño en las **nalgas**.	**buttocks** I fell and hurt my **buttocks**.	☐☐☐
65	**la ingle** [la ˈiŋgle] La **ingle** es la parte del cuerpo donde se unen la pierna y el tronco.	**groin** The **groin** is the part of the body where the leg and the trunk meet.	☐☐☐
66	**la axila** [la akˈsila] La **axila** está debajo del brazo.	**armpit** The **armpit** is under the arm.	☐☐☐
67	**el bíceps** [el ˈβiθeps] El **bíceps** es un músculo de la parte superior del brazo.	**biceps** The **biceps** is a muscle in the upper arm.	☐☐☐
68	**el antebrazo** [el anteˈβraθo] El **antebrazo** es la parte del brazo entre el codo y la muñeca.	**forearm** The **forearm** is the part of the arm between the elbow and the wrist.	☐☐☐
69	**la muñeca** [la muˈɲeka] Me rompí la **muñeca**.	**wrist** I broke my **wrist**.	☐☐☐
70	**la palma** [la ˈpalma] Tengo una herida en la **palma** de la mano.	**palm** I have a cut on the **palm** of my hand.	☐☐☐
71	**el puño** [el ˈpuɲo] Cerró el **puño** con fuerza.	**fist** He clenched his **fist** tightly.	☐☐☐
72	**el pulgar** [el pulˈɣar] El **pulgar** es el dedo más grueso de la mano.	**thumb** The **thumb** is the thickest finger on the hand.	☐☐☐
73	**el dedo índice** [el ˈdeðo ˈindiθe] Señaló la salida con el **dedo índice**.	**index finger; forefinger** He pointed to the exit with his **index finger**.	☐☐☐
74	**el dedo meñique** [el ˈdeðo meˈɲike] El **dedo meñique** es el dedo más pequeño de la mano.	**little finger; pinky** The **little finger** is the smallest finger on the hand.	☐☐☐

	SPANISH	TRANSLATION	REMEMBERED
75	**la uña** [la ˈuɲa] Me corto las **uñas** cada semana.	**nail** I cut my **nails** every week.	☐☐☐
76	**el muslo** [el ˈmuslo] El **muslo** es la parte superior de la pierna.	**thigh** The **thigh** is the upper part of the leg.	☐☐☐
77	**la rótula** [la ˈrotula] La **rótula** es el hueso de la rodilla.	**kneecap** The **kneecap** is the bone of the knee.	☐☐☐
78	**la espinilla** [la espiˈniʝa] Me di una patada en la **espinilla**.	**shin** I got kicked in the **shin**.	☐☐☐
79	**la pantorrilla** [la pantoˈriʝa] Después de correr me duele la **pantorrilla**.	**calf (of the leg)** My **calf** hurts after running.	☐☐☐
80	**el tobillo** [el toˈβiʝo] Se torció el **tobillo** jugando al fútbol.	**ankle** He twisted his **ankle** playing football.	☐☐☐
81	**el talón** [el taˈlon] Estos zapatos me hacen daño en el **talón**.	**heel** These shoes hurt my **heel**.	☐☐☐
82	**la planta del pie** [la ˈplanta ðel ˈpje] Tengo una herida en la **planta del pie**.	**sole (of the foot)** I have a cut on the **sole of my foot**.	☐☐☐
83	**el dedo del pie** [el ˈdeðo ðel ˈpje] Me golpeé el **dedo del pie** con la mesa.	**toe** I bumped my **toe** on the table.	☐☐☐
84	**la huella** [la ˈweʝa] Vimos **huellas** en la arena.	**footprint; print** We saw **footprints** in the sand.	☐☐☐
85	**el pulmón** [el pulˈmon] Los **pulmones** son los órganos de la respiración.	**lung** The **lungs** are the organs of breathing.	☐☐☐
86	**el intestino** [el intesˈtino] El **intestino** absorbe los nutrientes de la comida.	**intestine; bowel** The **intestine** absorbs the nutrients from food.	☐☐☐
87	**el hígado** [el ˈiɣaðo] El **hígado** limpia la sangre.	**liver** The **liver** cleans the blood.	☐☐☐
88	**el riñón** [el riˈɲon] Los **riñones** filtran la sangre y producen orina.	**kidney** The **kidneys** filter the blood and produce urine.	☐☐☐
89	**la vejiga** [la βeˈxiɣa] La **vejiga** es un órgano que almacena la orina.	**bladder** The **bladder** is an organ that stores urine.	☐☐☐
90	**el apéndice** [el aˈpendiθe] El médico le extirpó el **apéndice**.	**appendix** The doctor removed her **appendix**.	☐☐☐

Test yourself · Spanish · Parts of the body · 90

Write each word in the language you are learning without looking. The number at the end of the line is its place in the list, where the answer is.

fist _____ 71

jaw _____ 53

vein _____ 37

lip _____ 10

thumb _____ 72

calf (of the leg) _____ 79

bone _____ 32

tongue _____ 12

stomach _____ 23

intestine; bowel _____ 86

kneecap _____ 77

groin _____ 65

leg _____ 26

belly; tummy _____ 24

nape; back of the neck _____ 56

waist _____ 25

tendon _____ 35

collarbone _____ 58

skull _____ 40

lung _____ 85

ear (inner); hearing _____ 47

heart _____ 30

sole (of the foot) _____ 82

shoulder _____ 16

nerve _____ 39

bladder _____ 89

biceps _____ 67

wrist _____ 69

beard _____ 54

foot _____ 28

joint _____ 34

back _____ 22

cheek _____ 49

nostril _____ 48

spine; backbone _____ 60

brain _____ 41

artery _____ 38

liver _____ 87

navel; belly button _____ 62

eyelid _____ 45

neck _____ 14

tooth _____ 11

ear _____ 7

chest _____ 21

little finger; pinky _____ 74

torso _____ 57

shin _____ 78

face _____ 4

blood _____ 36

dimple _____ 51

eye _____ 6

chin _____ 13

nose _____ 8

moustache _____ 55

eyelash _____ 44

knee _____ 27

finger _____ 20

throat _____ 15

forearm _____ 68

skin _____ 29

pupil (of the eye) _____ 46

rib _____ 59

index finger; forefinger _____ 73

buttocks _____ 64

kidney 88

skeleton 31

forehead 5

elbow 18

tonsil 52

toe 83

thigh 76

armpit 66

hair 3

appendix 90

mouth 9

arm 17

cheekbone 50

hip 63

nail 75

heel 81

muscle 33

scalp 42

footprint; print 84

body 1

palm 70

belly; abdomen 61

ankle 80

hand 19

eyebrow 43

head 2

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